

## **Tips on Completing the Ethnic/Racial Categories on the School Nutrition Enrolment Form**

Understandably there is some confusion about how to record ethnic and racial categories for students on the nutrition education enrollment forms. Here are some tips:

1. The federal government recognizes two ethnic groups – Hispanic/Latino **OR** Non-Hispanic/Latino.

So, first decide which of those categories a student is in.

2. Next there are a number of racial groups and combinations of races.

**TIP:** Generally, Hispanic/Latino persons living in this area are considered **White** as a race. **So, most of your Latino students should be recorded as White by race and Latino by ethnicity.**

The exceptions would be those who are multiple races or identify with another race such as a Latino who identifies with Black (usually found mostly in Caribbean.)